



Irondale Knights Hockey

Week 12

Monday Jan. 15 – **National Sports Center Practice**

2:45 – 4:15 Varsity Rink 7

4:30 – 5:00 Varsity Dryland

2:45 – 3:15 Junior Varsity Dryland

3:30 – 4:45 Junior Varsity Rink 7

Tuesday Jan. 16 - **Game vs. Coon Rapids at Cook Arena**

Bus leaves Irondale at 4:15 pm

J.V. starts at 5:30 pm

Varsity starts at 7:30 pm

Bus returns to Irondale at 9:45 pm

Wednesday Jan. 17 - **National Sports Center Practice**

2:45 – 4:15 Varsity Rink 7

4:30 – 5:00 Varsity Dryland

2:45 – 3:15 Junior Varsity Dryland

3:30 – 4:45 Junior Varsity Rink 7

Thursday Jan. 18 – **National Sports Center Practice**

2:45 – 4:15 Varsity Rink 7

4:30 – 5:00 Varsity Dryland

2:45 – 3:15 Junior Varsity Dryland

3:30 – 4:45 Junior Varsity Rink 7

Friday Jan. 19 – **National Sports Center Practice**

2:45 – 4:15 Varsity Rink 7

4:30 – 5:00 Varsity Dryland

2:45 – 3:15 Junior Varsity Dryland

3:30 – 4:45 Junior Varsity Rink 7

Saturday Jan. 20 – **Game vs. Chisago Lakes at National Sports Center**

J.V. starts at 12:00 noon

Varsity starts at 2:00 pm

