

Week of April 16-22

Week 6

**2007 Irondale Boy's Track & Field**

Monday

Out on the track at 2:20

Practice 2:30 - 4:00

Tuesday

Bus Leaves at 2:45

Field Events 3:45

Running Events 4:00

Bus gets back to Irondale at 7:30

Wednesday

Out on the track at 2:20

Practice 2:30 - 4:00

Thursday

Out on the track at 2:20

Practice 2:30 - 4:00

Pasta Feed at 4:00 in Cafe

Friday

Knights Under the Lights Meet @ Irondale

Field Events 5:30

Running Events 5:30

Saturday & Sunday

Rest