

## Early Childhood Family Education-ECFE

Recognizing that parents are a child's first and most significant teachers, Early Childhood Family Education-ECFE offers a variety of classes and resources for parents and children birth through kindergarten age. ECFE helps build healthy families and sets the stage for parent involvement and children's success in their kindergarten to grade twelve educations.

Find classes for parents and children offered in New Brighton or Shoreview. Call the Family Education office with questions at 651-621-7420. Most ECFE classes meet once a week and provide time for:

- **Growing Together**

Parents and children participate in learning activities prepared by a licensed early childhood teacher. Explore centers to develop your child's thinking, moving and speaking skills.

- **Growing Independently**

While parents attend their discussion group, children strengthen their social skills with others in class.

- **Growing Confidently**

Sharing support, resources and information about child development is the focus of the parent education time led by a licensed parent educator.



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